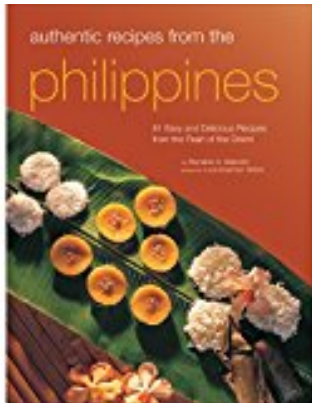


# The Food of the Philippines 81 Easy and Delicious Recipes from the Pearl of the Orient

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## BOOK DETAILS

- Author : Reynaldo G. Alejandro
- Pages : 112 Pages
- Publisher : Periplus Editions (HK) ltd.
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## **BOOK SYNOPSIS**

Learn authentic and delicious Filipino recipes along with culinary culture and history with this beautifully illustrated Philippines cookbook. From the national dishes such as adobe, lechon and sinigang, to the fiery foods of the Bicol region where coconut milk is a favored ingredient, Filipino food is a concoction of tantalizing textures, flavors and colors. Superb color photographs and detailed information on local ingredients make The Food of the Philippines perfect for anyone curious about the culinary delights of the Pearl of the Orient. Featured Filipino recipes include: Fish Ceviche Pork Cracklings Chicken Soup with Coconut Simmered Vegetables with Shrimp Fried Fish with Black Bean Sauce Rich Beef Stew Chicken and Pork Adobo And many more!

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