

# Tastes from a Tuscan Kitchen

## Hippocrene Cookbook Library

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### Hardcover

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### BOOK DETAILS

- Author : Madeline Armillotta
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## **BOOK SYNOPSIS**

Over the years, the authors have collected many wonderful recipes from relatives and friends living in Tuscany and other regions of Italy. When deciding to write this book, they considered which of these recipes we used the most and why. Both authors enjoy the distinct flavours in Italian cooking, which are enhanced by the use of fresh herbs and extra virgin olive oil, and also eating a healthy, well-balanced diet of fresh fruits, vegetables, fish, meat, beans and dairy products. They also appreciate that, in today's world, everyone has a busy schedule. Therefore, it became a priority that the recipes offered were not only delicious, but also quick and easy to prepare. The final selection includes a wide variety of mouth-watering favourites presented with concise easy-to-follow instructions and many tasty variations. These variations allow for flexibility in the kitchen and are an enticing invitation to cook creatively. The result is a cookbook that will simplify your life and gratify the tastebuds of your family and friends. This book will become your inspiration for quick, wholesome, everyday meals, a well-thumbed friend supplying a constant source of ideas for delicious day-to-day Italian cooking.

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