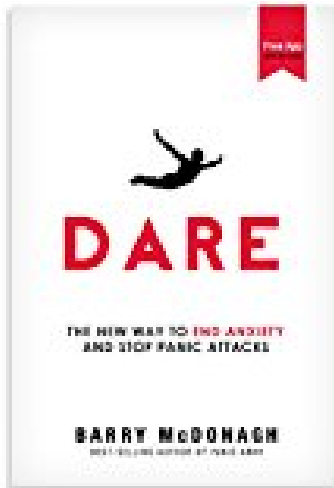


Dare The New Way to End Anxiety and Stop Panic Attacks Fast + Bonus Audios



BOOK DETAILS

- Author : Barry McDonagh
- Pages : 244 Pages
- Publisher : BMD Publishing
- Language : English
- ISBN :

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BOOK SYNOPSIS

Barry Joe McDonagh ("Joe Barry"), a native of Ireland, developed his anti-anxiety plan while studying at the University College of Dublin (UCD). His thoughts on anxiety and panic disorders were first published in 2001. Based on hard science and years of experience helping people who suffer from anxiety, Barry McDonagh has perfected the way to overcome anxiety and get people back to living life to the fullest. You will not only learn how to end your anxiety problem, but you will also discover how to turn this problem into personal triumph. Barry says "I teach people how to heal their anxiety so they can get back to living their life again to the fullest."

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